

# CYPP

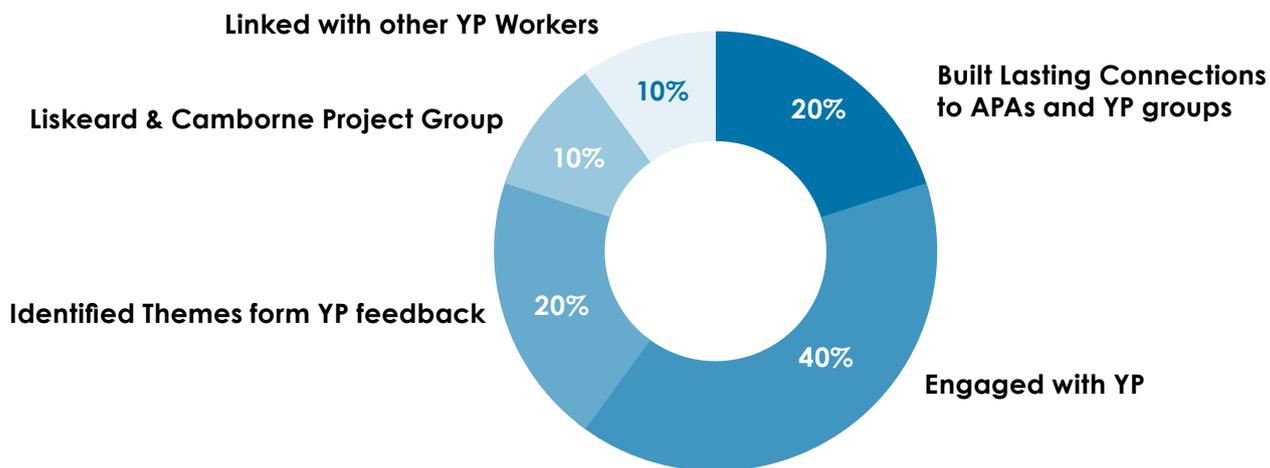
Cornwall Young Persons Project

Duchy Health Charity & CHAOS Group  
ANNUAL REPORT 2020 - 2021



**The Cornwall Young Persons Project is designed to be community based and focused on outreach work. Over the last year that has proved challenging because of the COVID pandemic. But it has also provided opportunities to explore new ways to work and connect virtually.**

The chart below shows how we successfully managed to engage with young people, develop themes based on their feedback and build long lasting relationships with schools and YP projects across the county.



- As part of the CYPP project we sit on the Children Young People and Family engagement & health and wellbeing boards.
- We worked on a consultation with Devon & Cornwall Police and co-created their Youth Citizen cards.
- Developed strong links with the Cornwall charity CLEAR (trauma and emotional therapy specialists working with young people and adults).
- Through CHAOS TV, Radio and video calling we were able to reach out virtually.

**In the first year we've made good links with young people in two particular communities. One is in the Camborne/Redruth area thanks to Nine Maidens, an Alternative Provision School. The other is in East Cornwall where we have reached out to young people in Liskeard with the help of a community youth group.**

These connections will be vital for the future relationship between CHAOS, DHC and young people.

They're already providing us with a valuable insight into how young people in those communities are feeling.

They have told us the pandemic has affected their mental health, they have struggled with the loss of routine, unemployment and feelings of isolation.

Education transitions have been affected. Access to work experience and placements has also been difficult.

The pandemic has seen an increase in referrals for support and therapy services. It has given us an opportunity to assess the effects of trauma.

- How we respond to it?
- How inclusive is that response?

We are particularly interested in the transition of APA and main stream schools.

We have made many connections with young people in the first twelve months and as a result have a wider focus. One theme is Trauma impact on YP health and wellbeing and how that will affect adulthood and future prospects.



## The Impact of Adverse Childhood Experiences



## Supporting Children Impacted by Adversity



**During this year we will support young people in Liskeard, Nine Maidens and Helston to develop projects to pitch to the board.**

**They will lead the process and it will be dynamic and creative.**

It's likely the first of these will be at Nine Maidens in the autumn of 2021 where a Wellbeing Hub will be developed. It is hoped that evidence from this will be used to support proposals to roll out trauma informed sessions to young people across the county.

In Liskeard a "green gym" project is being developed with the aim of helping community wellbeing and supporting young people and families in the area. We will build on the relationships we've developed with the primary school and youth organisations. It's estimated a proposal will reach the board during 2021.

Helston Community College will be reconnected to complete their pilot project supporting the Pop-up youth project for social enterprises.



### Influencing Systems

Using the evidence gained from our projects in years 1 & 2 we aim to strengthen Cornwall's support network for young people and promote positive health and wellbeing in communities.

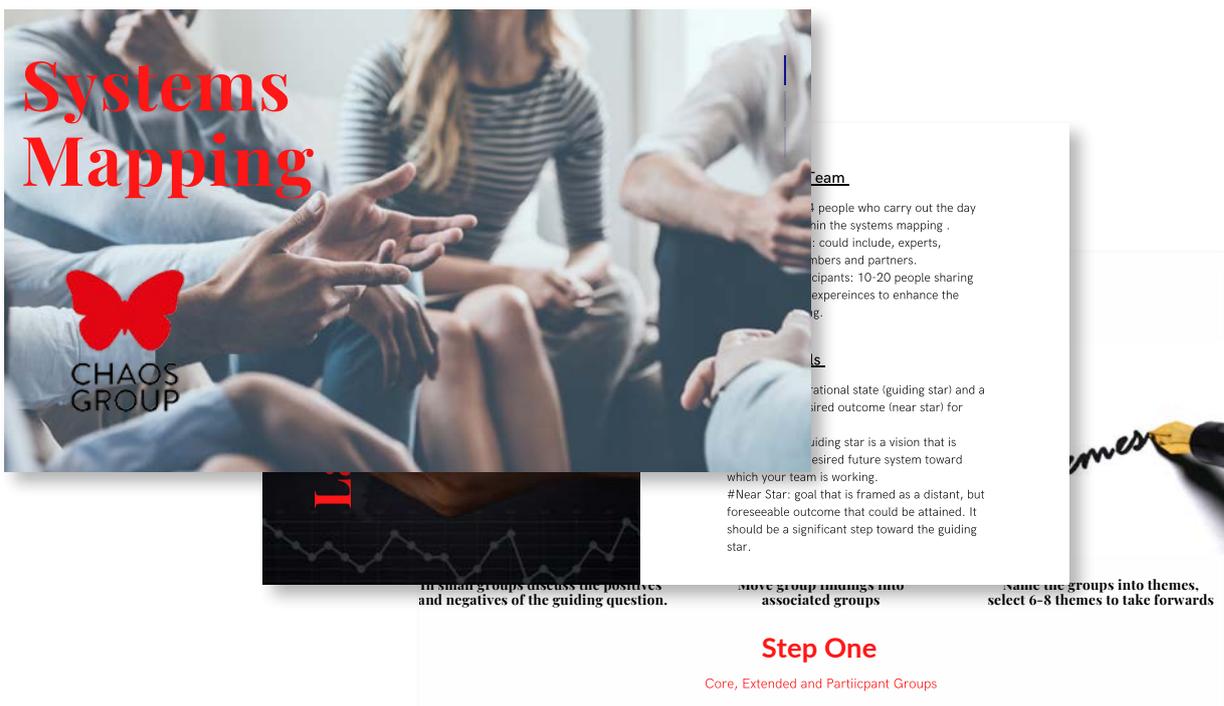
We will use our System Mapping Model (see document below) to see where change is needed. We will then develop community projects in these areas by sharing our learning and our links to other organisations.

We are proposing to collaborate with, and learn from, SHAPE History (The Social Impact Communications Agency) especially their education project.

### YP Leading positive change

This year is all about sharing our learning. Giving young people the opportunity to share their knowledge and skills with other young people, helping them to adopt trauma informed health and wellbeing projects in their communities

We want to target the parts of the system that offer the biggest positive result for the smallest effort.



**Systems Mapping**

CHAOS GROUP

**Team**  
The people who carry out the day to day work within the systems mapping process. Team members could include, experts, stakeholders, members and partners.  
Participants: 10-20 people sharing their experiences to enhance the process.

**Guiding Star**  
A guiding star is a vision that is desired future system toward which your team is working.  
#Near Star: goal that is framed as a distant, but foreseeable outcome that could be attained. It should be a significant step toward the guiding star.

**Step One**  
Core, Extended and Participant Groups

In small groups discuss the positives and negatives of the guiding question.

Move group findings into associated groups

Name the groups into themes, select 6-8 themes to take forwards

This year we will have a completed documentary of the work over the previous years. Using our extensive contacts list, and the evidence from the systems mapping report, we will have identified the best ways to bring about a successful change in health and wellbeing, led by young people.

We will share this knowledge widely to help promote the project and the involvement of key stakeholders such as the Duchy Health Charity.





## Film

Chaos Creative will capture bi-monthly filmed feedback from the Young People to understand the impact the project has had on themselves, their peers and their wider community. These short films will form the basis of a documentary piece, which will follow the journey of the project. This piece will be available for CHAOS and DHC to use and have on their websites to share with others to promote the work of the project and future collaborations and partnerships.



## Art

Duchy Healthy Charity connected CHAOS to Falmouth University and the MA Illustration Students. The students are working on the project mentoring the other YP. They will be utilising ART to visually represent the YP thoughts and feelings. This work will form part of the evaluation. An on going piece throughout the project.



## Booth

CHAOS are currently creating a film BOOTH, where YP can go to record their experiences. We are currently looking at all of the GDPR and opportunities to make this happen. This would allow us to document YP thoughts, feelings and opinions, un-interrupted. To evaluate their needs, barriers and experiences.